ZOOM CHEAT SHEET

Keyboard shortcuts

MAC

Command(⌘)+J: Join Meeting
Command(⌘)+Control+V: Start Meeting
Command(⌘)+J: Schedule Meeting
Command(⌘)+Control+S: Screen Share via Direct Share
Command(⌘)+Shift+A: Mute/unmute audio
Command(⌘)+Control+M: Mute audio for everyone except the host (only available to the host)
Command(⌘)+Control+U: Unmute audio for everyone except host (only available to the host)
Space: Push to talk
Command(⌘)+Shift+V: Start/stop video
Command(⌘)+Shift+N: Switch camera
Command(⌘)+Shift+S: Start/stop screen share
Command(⌘)+Shift+T: Pause or resume screen share
Command(⌘)+Shift+R: Start local recording
Command(⌘)+Shift+C: Start cloud recording
Command(⌘)+Shift+P: Pause or resume recording
Command(⌘)+Shift+W: Switch to active speaker view or gallery view, depending on current view
Control+P: View previous 25 participants in gallery view
Control+N: View next 25 participants in gallery view
Command(⌘)+U: Display/hide Participants panel
Command(⌘)+Shift+H: Show/hide In-Meeting Chat Panel
Command(⌘)+I: Open invite window
Option+Y: Raise hand/lower hand
Ctrl+Shift+R: Gain remote control
Ctrl+Shift+G: Stop remote control
Command(⌘)+Shift+F: Enter or exit full screen
Command(⌘)+Shift+M: Switch to minimal window
Ctrl+Option+Command+H: Show/hide meeting controls
Ctrl+Shift+R: Gain remote control
Ctrl+Shift+G: Stop remote control
Ctrl+\: Toggle the "Always Show meeting controls" options in Settings/Accessibility
Command(⌘)+W: Prompt to End or Leave Meeting
Command (⌘)+K: Jump to chat with someone
Command(⌘)+T: Screenshot

WINDOWS

F6: Navigate among Zoom popup windows.
Ctrl+Alt+Shift: Move focus to Zoom's meeting controls
PageUp: View previous 25 video stream in gallery view
PageDown: View next 25 video stream in gallery view
Alt: Turn on/off the option Always show meeting control toolbar in Accessibility Settings
Alt+F1: Switch to active speaker view in video meeting
Alt+F2: Switch to gallery video view in video meeting
Alt+F4: Close the current window
Alt+V: Start/Stop Video
Alt+A: Mute/unmute audio
Alt+M: Mute/unmute audio for everyone except host Note: For the meeting host only
Alt+S: Launch share screen window and stop screen share Note: Will only work when meeting control toolbar has focus
Alt+Shift+S: Start/stop new screen share Note: Will only work when meeting control toolbar has focus
Alt+T: Pause or resume screen share Note: Will only work when meeting control toolbar has focus
Alt+R: Start/stop local recording
Alt+C: Start/stop cloud recording
Alt+P: Pause or resume recording
Alt+N: Switch camera
Alt+F: Enter or exit full screen
Alt+H: Display/hide In-Meeting Chat panel
Alt+U: Display/hide Participants panel
Alt+I: Open Invite window
Alt+Y: Raise/lower hand
Alt+Shift+R: Gain Remote Control
Alt+Shift+G: Stop Remote Control
Ctrl+2: Read active speaker name
Ctrl+Alt+Shift+H: Show/Hide floating meeting controls
Alt+Shift+T: Screenshot
Alt+L: Switch to Portrait/Landscape View
Ctrl+W: Close current chat session
Ctrl+Up: Go to previous chat
Ctrl+Down: Go to next chat
Ctrl+T: Jump to chat with someone
Ctrl+F: Search
Ctrl+Tab: Move to the next tab (right)
Ctrl+Shift+Tab: Move to the previous tab (left)